





be up 4 green sport

SPORTS CAMP at Attersee, Austria **22.07-28.07.2024** 



# general info

Together with 4 organizations from 3 different countries, we're teaming up to organize a youth summer sports and environmental sustainability camp at the beautiful Attersee in Austria.

To make sure we're meeting a big scale of expectations, we've already gathered representatives from every organization, as well as two people from the focus group, to plan the program for the sports camp. This meeting was held in Vienna in March 2024.



#### THE ASSOCIATIONS INVOLVED ARE:

BE UP - BUILD EMPOWERMENT, UNIFY PEOPLE (AT)



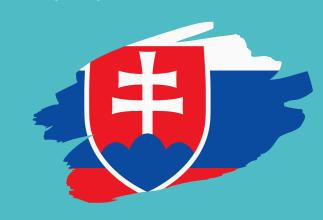
MLADI ZA MAROF (HR)



ZUKUNFT JUGEND (AT)



MOTHER FLOWER (SK)





## Summer sports camp - Setting

## 21 young individuals from Austria, Croatia and Slovakia ...

- spend one-week togehter
- try out eco-friendly sports activities
- learn about sustainability
- tackle obstacles through workshops
- experience a sense of community in harmony with nature through non-formal education

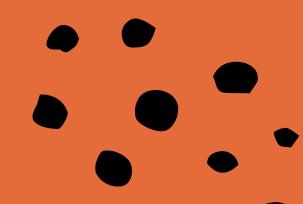


















## no costs for you!

All cost for your trip, meals, accommodation and joint activities are coverd 100%.

**Cheers** to Erasmus+ program for funding the project!

alcebol

Pls keep in mind that alcohol is strictly prohibited on the camp. Besides the Upper Austrian Youth Protection Act applies.



## venue & dates

22 JULY - ARRIVAL DAY (AFTER 14:00)

**28 JULY - DEPARTURE DAY (BEFORE 12:00)** 

#### Address - EuropaCamp

Franz-von-Schönthan-Allee 42 4854 Weißenbach am Attersee

Tel.: +43664 2505 727

Website: <a href="https://www.europacamp.at/">https://www.europacamp.at/</a>

#### How to get there by public transport:

Train to "Vöcklabruck", then on foot from the Vöcklabruck station to Vöcklabruck Bahnhof (forecourt), from there by bus 562 to Weißenbach am Attersee to the EuropaCamp. The bus stop in Weißenbach is located 200 meters away from the venue.





# sleeping situation

gender

Monday - Friday Participants will be accommodated in shared, same-gender & mixed national rooms/bungalows





## participants profile

#### 15 - 20 years of age

The main focus lies on participants with fewer financial opportunities due to economic barriers. We're aiming for a gender-balanced setup to offer possibilities to everyone



general interest in trying different sporting activities

interest in sustainability and environmental impact of behavior

limited access to free sport experiences and intercultural exchange opportunities

basic skills and motivation to communicate in english



# Packing checklist What you need to bring...

#### **CLOTHES/SHOES**

- small pillow
- sportswear
- hiking/ mountaineering shoes (if you have)
- suncream
- swimsuit
- hat/ head covering
- rainjacket
- slippers/ warm socks for indoor
- warm clothes for the evening
- socks and underwear
- pyjama
- flip flops (if you need them to shower or for your hotel room)

### PERSONAL HYGENE

- Towels
- Toothbrush and toothpaste
- Deo
- Hairbrush/Shampoo...

#### Other...

- bord games
- card games
- music instruments
- Some money IF you want to buy something extra



- Hammock
- Tent for 2 4 people
- Sleeping Mat
- Sleeping Bag







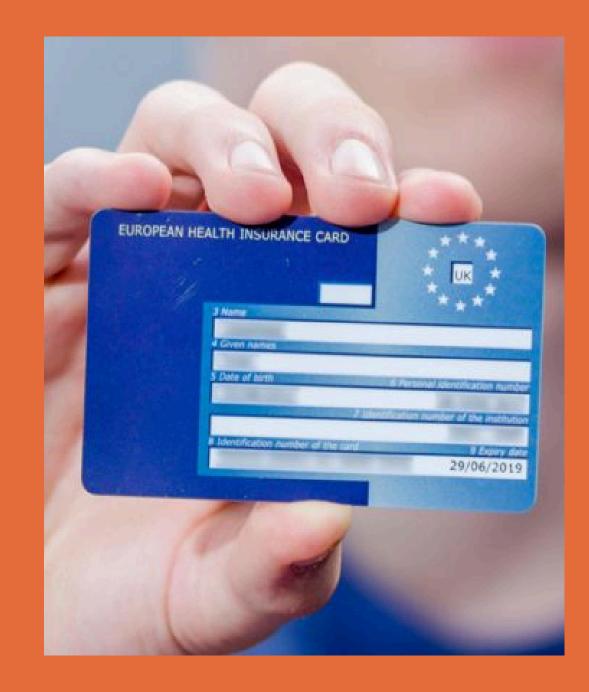
# (I) Mandatory



You need to be in possession of a valid "European Health Insurance Card" (E-Card) or an insurance card with comparable coverage

(If you do not have insurance that provides access to necessary medical care, the local organization will be happy to assist you)

Additionally we recommend that you have travel insurance.





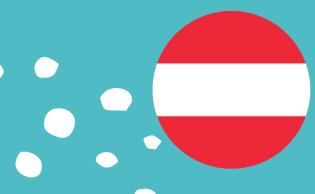




### contact 🖂







#### Austria

Sascha, Zukunft Jugend: info@zukunft-jugend.at



#### Croatia

Dario, Mladi Za Marof: udruga@mzm.hr





#### Slovakia

Anči, Mother FloweR: info@motherflower.sk



In case you have any further questions regarding the information provided, or you need help please feel free to contact also the main beneficiary be up (beup.ngo@gmail.com).



## Procedure for you ...



Contact the local NGO's of your country!



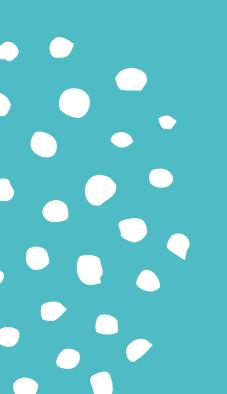
Receive confirmation that you are allowed to participate



Fill out registration form that your local NGO sends you (Deadline: 01. July 2024)







## Disclaimer

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